

## ABOUT US

### Crossroads Inlet Centre Hospice

Our hospice, located in the heart of Port Moody, is a 10-bed facility for those living with a terminal illness and those nearing the end of life and needing active management of pain and other symptoms. It is a place where dying, death and mourning are recognized as a normal part of life. We strive to meet the emotional and spiritual needs of patients thereby giving the respect and dignity they need to maximize the present quality of life.

### What is Hospice?

A hospice is a care residence for those living with a limiting terminal illness and who are nearing end of life and needing active management of pain and other symptoms. We focus on creating a home-like setting where patients and family receive compassionate care with a focus on quality of life. It is a place where dying, death and mourning are recognized as a normal part of life.

### Take a Hospice Tour

We encourage patients and their families to arrange for a tour of the hospice prior to admission. Our tours will orient you to our home-like facility, introduce you to some of the people you will meet and provide a sense of security for you and your loved ones.

*Crossroads Hospice Society provides compassionate support and honours the dignity of those affected by the end of life experience.*



Crossroads Hospice Society relies on financial support from fundraising, grants and public/corporate donations.

For further information please contact the Society administrative office at:

Suite #504 34A-2755 Lougheed Highway  
Port Coquitlam, BC V3B 5Y9  
Tel: 604-945-0606 • Fax: 604-945-9071  
info@crossroadshospice.org  
www.crossroadshospicesociety.com

Thank you for remembering Crossroads Hospice Society when planning your gifts. Society #S-24391  
Charitable Registration #894850635 RR0001

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## Crossroads Inlet Centre Hospice Our Programs and Facility

## A PLACE OF COMPASSION



### Crossroads Inlet Centre Hospice

Our hospice is a unique partnership between Fraser Health and Crossroads Hospice Society located at:  
4<sup>th</sup> Floor, 101 Noons Creek Drive  
Port Moody, BC V3H 5J1  
Tel: 604-949-2270 Fax: 604-949-2300

*Putting life into days*



## HOSPICE CARE

### Hospice Care Team

Our hospice care team provides hospice care through the inter-disciplinary teamwork of health care professionals from their various areas of expertise to provide the best care for the physical, social, psychosocial, and spiritual needs of patients and their loved ones.

### Accessing Our Hospice

The patient must be registered with Fraser Heath Community Palliative Care team. The patients are encouraged to agree with the goals of hospice care where there is limited medical intervention and patient comfort and support are paramount. A home care nurse can assist the patient and their family with the choices available to them, including when is the best time to come to hospice.

### Bereavement Support

Grief and mourning are natural responses to loss, yet each person's experience is unique. Individuals are often overwhelmed by the complex feelings they experience. Support is available for hospice users and the community. New Westminster residents can ask for referrals to these services.



## SKILLED VOLUNTEERS

Whether they are at Crossroads Inlet Centre Hospice, visiting in local hospitals, or out in the community, these volunteers offer emotional and physical support to those who come under their care.

### Visiting Volunteers

From the very beginning visiting volunteers have been at the heart of Crossroads Hospice Society. Visiting volunteers are those caring individuals who become involved with a family from the time of diagnosis until well after the passing of a loved one.

### Hospice Volunteers

Volunteers at Crossroads Inlet Centre Hospice take part in the day-to-day operations of the hospice while offering personal support to patients and loved ones. They help to create comforting and meaningful connections between people.

### Relaxation Therapists

Volunteers with specific training offer a variety of relaxation therapies such as Reiki, Therapeutic Touch, Foot Stroking, and Massage, which can help ease pain, reduce stress and ultimately promote relaxation.



## SUPPORTIVE SERVICES

### ArtCare Program

This unique program offers an opportunity to engage in an art-making experience that allows for moments of respite with other family members and friends while reducing stress and anxiety. Crafts include memory albums or picture collages, hand made cards and memory/dream boxes.

### Music Program

Our music program benefits all patients, staff and families, with a wide repertoire for all ages and cultural backgrounds, life reviews, relaxation, celebration of birthdays, etc. It can facilitate family togetherness, sharing of memories and bring joy in the moment.

### Pet Therapy

Pet Therapy volunteers are available for visits to help combat depression, provide social interaction and satisfy a nonverbal need to touch. All pets are tested for temperament and therapeutic qualities and must be certified by their veterinarians on an annual basis.

### Questions?

Please call the Hospice @ 604-949-2270

